



## Sharing your life and faith story with your daughter

Prior to attending *Becoming*, please think through what you would like to share about your life and your faith journey. Here are a few tips for sharing with your daughter:

- **Be prepared.** Spend some time and think this through. It may be a good idea to write it out or create an outline to help you stay on track. Figure out what elements of your story of brokenness and redemption your student needs to hear.

- **Be appropriately honest.** Students need to know the sin and heartache involved in your redemption. In some cases, you may want to filter some of the distracting details. In others, those details may be exactly what students need to hear to connect with your story.

- **Be brave and courageous.** Some stories aren't easy to tell. But imagine a generation of students who are willing to boldly tell their stories to the next generation and be used by God to tell His story!

- **Be Real.** You will have to model vulnerability. Keep in mind that students have a highly sensitive "phony detector."

### Here are some important things to remember:

- This is meant to be a starting point for what will hopefully be an ongoing dialogue and conversation. You don't have to share every detail in one sitting.

- Remember that your daughter is in 6th grade. Share appropriately and know that you will have a chance to share things that she will understand more as she grows through middle school, high school and beyond.

- Perspective is important. Tell your daughter about how you grew up and what your relationship was like with your parents (especially your mom).

- Tell her how and when you became a Christian.

- Communicate you are **for** her! Let her know that no matter what rule, decision, or action comes over the next few years, you love her so much and are 100% **for her!**